really so happy". Therefore, that day my confidence increased greatly, whenever there is a chance I put my hands on her neck, until the ceremony completed. I got a lot of thankfulness through my ears from this person.

On the return journey travelling in the coach and was sitting next to Yuk Ling sister, I could see she looked tired, followed my instinct and enquired, she replied: Had a flu for over a month, my head feels heavy, it feels so full, very uncomfortable. I extended my hands instinctively, one hand on C7, one hand on C5, until we got off the coach, then we said good-bye. After a few days, there was another activity, met her in Chung Wo centre (charity organisation), she was very happy and pulled me to one side, kept thanking me, she said that before applying adjustments, all the time felt something inside her head, felt it was blocked and not able to come out, the head was very heavy, sinking sensation. After the adjustments, got home, the nose started running, after it all came out, she felt her head a lot lighter, the mind is clearer, very comfortable, so thankful to Longevitology, made her feels much more relaxed.

The experience of adjustments in fact no matter what it is, here is another self experience to share with all, I am a volunteer at this charity organisation, so this years Buddha's birthday, I had the opportunity to attend Chung Jing Memorial Hall and participate in Buddha's bathing ceremony. On that day, got up early, noticed the little finger of left hand swollen, I must have been lying on the hand during sleep, could not move the finger, during the whole practice activity it was very painful. However, I was confident that whenever there is a moment free I used my right hand to encircle the left little finger, half day past, seems no obvious improvement, the volunteers who have seen with this painful finger kept telling me: "Hsin See sister, you must go and see the doctor when you go home, you must go!" Superficially I promised them, but in my heart: Money is difficult to get, unless it is really necessary, otherwise I would not offer it to the doctor, I believe the effect of Longevitology, so whenever there is a moment, I would apply adjustments to self, never thought, an amazing thing happened. The following day I woke up, my left little finger not only gone thin, back to its original shape, not only moving freely, the swelling and pain also flew away without the wings, I feel very pleased. I made a few phone calls and told the volunteers on that day of the travel to share with them the healing effects of Longevitology. They simply did not believe, only overnight, Longevitology made her fat little finger into the original shape, from that time my confidence increased hugely, able to introduce Longevitology bravely. Up to now I have shown many people stepping in the Longevitology hall, I am worried that they might give up half way, so I accompanied them through out the courses and grow with them.

I was very moved with my 12 years old daughter, and as I wished and placed