## Red Spot Lupus for 20 years achieved great improvement that never happened in the past.

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Is it luck? On the other hand, is it misfortune? It is just how one thinks and how the heart feels the change.

The end of October 2007, I have nearly been to the door of "ghost gate" and came back. Under the loving care of Ms. Yong the senior and Mr. Hung the senior, still being unsettled, my heart was up and down, and a bit doubtful, came to the Linhau treatment centre to have adjustments.

The first time, may be because I have a shy nature, dared not make any movement while receiving adjustments by the volunteers, reluctantly to finish the adjustments. After I got home, aches and pains in the body, felt so tired and a lot more symptoms that are uncomfortable were much more severe than before having the adjustments applied, my fear and doubtfulness, comparably a lot deeper. I thought of giving it up. Because of Ms. Yong's loving care, made me decided to give myself another chance to continue with the treatment. The second time, it is luck! Met Mr. Law, the teacher, made me escape from these 20 years awful illness. Since then for nearly 10 months, no matter it is raining or windy, teacher Law would not mind the hardship, everyday come from Panchiao to apply adjustments and manage other symptoms for me, during this period, treating me as though he is my elder brother, always encouraging me, made me not to give up and continue with the adjustments.

The test results speak for itself- urine protein from 500 dropped to 25, haemoglobin from 8 and a bit came up to 12. The doctor did not believe I have such rapid improvement, for a patient who has been suffering from Red Spot Lupus for 20 years, under the same therapy; it appears that in the past never had this good improvement. How could I and the doctor to believe that it is only the medication suddenly to day after 20 years, as last having its effect?

In the past, my body has been weak; recovery needs a firm will, slow and long hard work. Dare not to beg for and have a miracle effect over night, but for Longevitology I am full of confidence. Certainly, during this period, the teacher and all the volunteers' loving care and all their silence giving, making me so