

Longevitology – twisted the Gian Kun around (creative and receptive skills).

Learner : Ms. Chan

Mother has been suffering from severe diabetes, up to now with this ill history for 36 years. Being a career, have witnessed and experienced the “complications of diabetes”, it is not easy to write and record them! Such as: cardiac muscle thrombosis, pleural effusion, anxiety, depression, phantom pain (had amputation 7 years ago, still feel the pain in the mind), also had cardiac surgery....etc. Frequent admission to emergency and intensive care departments, the complications of diabetes really make people suffer a lot. The heart, liver, lungs, kidneys, skin, muscles, bones, nerves, bloodnot a single escape from it.

In winter's low temperature and summer's high heat, low air pressure, for the multi-organs dysfunctional suffer like mother, these would make the ill condition to get worse. Her blood pressure goes up and down as if following the temperature of the weather. Food wise, there is limitation on potassium and sugar. Because of diabetes affects the movements of the colon in the digestive system, so mother at times gets constipation, at times get diarrhoea. Sometimes feel dizzy, sometimes feel nauseated, and pain in the back, all these were able to get a bit of relief from adjustments of Longevitology.

Last year winter, one cold night and was raining. Mother's blood sugar dropped to 4.2, with body temperature dropped to 35 C, in the middle of the night the weather was wet and cold, to call an ambulance and afraid it might not come in time. I just kept calm and concentrated on helping mother with adjustments. With the effort after the adjustments, the blood sugar came up to 12, the body temperature also returned to 37 C. my elder sister and Myself took turn to apply adjustments to mother all night, in the end, at least passed the dangerous period!

Another incident, it happened this year, a week before the New Year, on Friday morning, after mother had the breakfast in bed, felt a bit tired, just as she laid down and lapsed into a coma, froth coming out of her mouth, looked as if she was unconscious. At the moment, tried to put medication in her mouth but unable to slip it under her cold and stiff tongue, on one hand I was busy phoning for an ambulance, on the other hand I hastily applying adjustments to mother. The ambulance arrived 15 minutes later nearly worried me to death! The doctor said it was the high potassium that caused the irregular heartbeat, the condition was very