

Pain disappeared after 3 days adjustments, able to bend the wrist.

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It was by chance heard about Longevityology, from the beginning, like every body else, armed with doubtful attitude to learn. The heart was saying, is it that amazing. Just place the hands lightly on the chakras of the person being adjustments, and able to make the ills and pains better? From being attracted to and curiosity is being part of human nature, decided to go a bit deeper and to understand the amazement of Longevityology. So enrolled with the Linhau district for primary and intermediate courses of learning activities.

My own health condition, apart from being fat, no major problems. During the process of learning, through the teachers and volunteers' enthusiastic guidance, slowly I understood that we human body is originally a form body. Universe is a huge magnetic field, it is also where the energy come from, only because we did not understand, now that we are making use of it, so we can apply it self, also help other people with it.

Having the chakras opened by the chakras master, I could feel some energy rushing in the body, my body was swaying, the chakra area was whirling, a very unusual feeling. After the chakras opened, did according to what has been taught by the teacher, sitting quietly, the swaying movements lessened, the exercises completed, feeling full of energy.

At home, helped my child with adjustments applied to his wrist which he had injured, one hand placed on C7, one hand on the wrist affected, 20 minutes later, my child felt his wrist was less painful. Applied adjustments consecutively for 3 days, no more complaints of pain, able to bend the wrist. While applying adjustments for other people, the hands placed on the person's uncomfortable area, I could feel numbness, prickling. Then I remember the teacher's lesson has mentioned, it could be myself or the other person's metabolic or nervous system not well, should let the heart quiet down first and then continued with the adjustments. When the energy is sufficient, the prickling and numbness sensation will disappear automatically, I tried and it is true. It may be because of helping