

**Longevityology, made my liver function level dropped.**

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My liver function level quite high 139, and a fatty liver. In March 2008, my wife attended the Longevityology courses, helped me with adjustments for 3 to 4 months, the liver function remains unstable. I decided to learn myself, see whether it would make me better. After the primary and intermediate courses, everyday doing exercises/meditation for 30 minutes, morning and evening, with the help of my wife, adjustments continued for 2 months. Then went to the hospital for a blood check, the liver function level came down to 60, I think after a further period of adjustments, it would be back to normal range.

Remembered once just before attending the class, was running a bit late,, taking my dinner in a hurry, in a rush and carelessly I got a fish bone stuck in the throat. Immediately I remember what the teacher said yesterday how to apply adjustments in this situation, I placed one hand on C7, one hand on the throat, for about 7 to 8 minutes, amazing, the fish bone has gone! This is my own personal experience while learning Longevityology.

Symptoms and adjustments : High liver function level – C7 + C3 + liver area.  
Fish bone in throat – C7 + throat.