**Hyperthyroidism – symptoms improved.** 

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Been suffering from hyperthyroidism for 3 years, swelling of the thyroid gland, inside there is a small growth about 1 cm tumour. All along did not want to take medication, so the eyes have been slowly protruding, heart beats maintained 100-120 or more, eyes could not accommodate bright lights, when I am nervous and excited the heart would be jumping fast, very uncomfortable.

In March 2008, my elder brother and sister-in-law attended the primary and intermediate courses, The first time applied adjustments for me, my throat felt like it has been pressed, even make swallowing saliva very uncomfortable, but the eyes felt better. Then in April, went to Panchiao Chung Road for the course, had chakras opened, completed the intermediate course, for one week, everyday morning wake up with thick fluid coming out from my eyes. Then I received the quarterly newspaper, telephoned Du Hang Road treatment centre Miss Wu Choi Fong, she asked me to go the centre, there are two volunteers could help me with the adjustments. Miss Wu also taught me how to apply adjustments to self, combined with medicine. Now, we are in September, two months since starting the treatment, my heart beats came down to 80, at night time after the children gone to bed, my heart beats come down to 72, my eyes can tolerate the lights and throat condition felts better. Whether I apply adjustments myself or being adjusted by the volunteers, it feels like my throat has lot of chi to spit out, feels good.

My elder daughter started summer holiday from 10<sup>th</sup> July, while my daughters having a nap in the afternoon, I would apply adjustments for them, and again at nighttime. On 1<sup>st</sup> August, I measured their height and noticed that they have grown 2 cm, so glad. The younger daughter having a runny nose, after she went to sleep and applied adjustments to C7 and nose, for about an hour, next day no more secretion from the nose, and no need of taking medication, very grateful to Longevitology brought us health.