

Metabolism improved.

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A few years ago have many problems in my body, symptoms including feeling cold, very little sweating, puffiness of the body, weight gain, constipations, stiffness of muscles, and sense of hearing decreased, general spirit rather low. Went into hospital for investigations and been diagnosed as having – Hypothyroidism. Although I am still receiving treatment, everyday have to take one thyroxin, still sometimes I feel good, sometimes I feel bad. Through the introduction of my colleague, came to know about Longevityology. In the beginning, I was just curious, went with other colleague and joined the primary course in August held in Linhai in Taipei. After the chakras opened, did not have specific reaction, but generally feel a bit better.

After the course completed and went to the treatment centre to practice, all the volunteers are so enthusiastic in guiding me how to apply adjustments for specific problems, to make the problems responding quicker for improvement. When there is no ills and pains, we would apply adjustments to each other. I remember once, the volunteer helped me with blood filtering adjustments, the following day, my whole body was so uncomfortable, also had pulling pain from time to time, it lasted for a few days and it disappeared.

Recently noticed my body seems do not feel the cold that much, and sweating easily, metabolism is changing better. Now I have more confidence in Longevityology, not only I am able to look after myself, also able to help people. Very thankful to teacher Lin's teaching and the guidance from all the volunteers, I would not give it up.

Symptoms and adjustments : Feel cold- all the chakras + heart.

Not sweating – C4 + heart.

Puffiness of body and weight gain- C3 + kidneys.

Constipations – C3 + left side abdomen.

Muscle stiffness – C7 + affected area.

Hearing function decreased – C5 + ears.

Hypothyroidism – C7 + C5 + C2 + neck.