very satisfied.

For a long time the blood pressure not coming down (not taking medication), in the textbook of Longevitology, for the high blood pressure, need to apply adjustments to the heart, kidneys. Went to the Central Hospital Cardiology department for consultation, did not see any problem from electrocardiogram, had the ultrasound done, did not show any problem. From the Echocardiogram, it shows the heart is lack of oxygen; the doctor informed me that the hospital has new equipment that would give examination in details (need to pay for the test), would like me to think about it and contact them. My kidneys are shrinking, because of the operation for colon cancer and resulting in kidneys accumulating fluids. It dragged on for a year before I met the Nephrologists to have the operation, found out that there was adhesion of the ureters, thus the water in the kidneys cannot be conveying to the bladder. Because the time dragged on for too long that lead to shrinkage of the kidneys. From July onward, the volunteers have been applying adjustments for my heart and kidneys. It is strange, my left scapula, left shoulder, left hand and left leg numbness, felt not as painful as before, just a little bit numb, blood pressure also came down.

After these few months in the treatment centre, helping people with adjustment or being adjusted, I would be very patient, with determination and confidence, making my blood pressure, heart, kidneys got improvement, I hope other people would also like me having this good fortune.

Symptoms and adjustments: Constipation – C3 + C2 + left side abdomen.

Itchy legs – C3 + spleen.

Shoulder pain – C7 + shoulder.

Left leg pain – C7 + back and leg.

High blood pressure – C7 + C4 + head + heart.

Shrinking kidneys – C3 + kidneys.