Life long useful Kung fu.

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From the beginning, I thought Longevitology is an organisation of some religion, that it is able to heal ills and pains of self and able to help other people, I thought, how could that be? In my mind and heart, holding this thought of just give it a try and attended the courses. After the primary and intermediate courses, I felt myself so lucky, had the opportunity, and learned this life long kung fu.

While having chakras opened, C2 area felt quite painful, whenever sitting quietly/ meditating the whole body feels hot, also when applying adjustments to other people, sometimes feel the head is expanding. Have been helping my husband with adjustments, normally he had to drink a few cans of beer before he is able to get to sleep, since I help him with the adjustments, he does not need to drink and goes to sleep fairly quickly. Now he has no desire to drink alcohol, this is an unexpected good result. Apart from that, at times he feels hiss heart is weak and low energy, after adjustments, he did not experience the low energy feeling.

One morning, got up from bed, felt the throat was very painful, even when swallowing saliva. After examination, it is an ulcer in the throat, because it is deep down in the throat, whatever passes down it would be painful. Therefore, by using Longevitology method, all the time I kept one hand on the throat no matter what I was doing. The whole day, I noticed it got better in flying speed; it is not painful even when eating. My colleagues were surprised, and said in future any ills and pains, no need to take medications, just apply Longevitology would get better and said if there were another course starting, must go and learn.

Grateful, able to have learned Longevitology, this made the family more harmonious, quality of life much better. Very thankful to Longevitology teachers, wishing Longevitology continue to prosper, to help more those who needed help.

Symptoms and adjustments : Insomnia – C7 + behind left ear.

Throat ulcer – C7 + C5 + throat.