

Found my youth and energy back.

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Being alone in Taipei (from south of the country), long-term pressure from work, eating and drinking not regularly, sleep poorly, leading to a bad immune system, often have flu, stiff neck cramps in legs.

Last year October, the menstrual period were irregular, went to the hospital, the doctor told me I am going through menopause. Heaven! I am not even 40 years old! Through a friends' recommendation, learned about Longevityology. In fact, going through the process of half believe and half-doubtful, because I have been troubled with these long-term ills and pains, so, want to try it.

The first day of the course, I was met with I frequently get – the flu, cough, stiff neck, but having had the adjustments applied carefully by the volunteers and friend, the flu, stiff neck got better without medications..

Although the primary, intermediate courses up to now only two months gone, but there is obvious improvement in my immune system. Tell you in a low voice, getting the menstruation regularly; Longevityology let me found my youth and energy. I am a teacher myself, hoping to make another step forward to learn the advance course, so to have more and more energy, power, to help my students, relatives and friends.

Symptoms and adjustments : Flu – C7 + C5 +respiratory tract.

Stiff neck – C7 + back of neck, shoulder + affected areas.

Immune system – C5 + C3 + C2.