

I asked him, would you let me help? He did not oppose and let me apply adjustments for him, one hand on C7, one hand on left ear, with emphasis on C7 and C6, in less than 20 minutes, he was off to sleep, I felt I have achieved. Once we had an attack of typhoon, he seems to be having difficulty in breathing, with my hands extended to help him with adjustments on C7 and the heart area, after these two occasions, now whenever his stomach not comfortable, he would automatically reach my hands and place on his stomach area. I am very pleased he accepts my adjustments, now I wish to enrol for the advance course, he did not oppose. Before I mentioned to him that not only primary, intermediate courses, there is also advance course, he coldly replied – no need for that! This is fine and that is enough. Now I said I need to write a report in order to join the advance course, and then he said: do it nicely! Ha, really do not know what to expect, from the beginning at the primary course, he did not see good in me, even when I said I wanted to go to the volunteer centre to help, he used to say to me, no need to go, it is not effective. Until today, he gave me support and confidence, made me felt such a big encouragement, I believe one day I would get his approval and let me go to the volunteer centre, to self help and help people.

Symptoms and adjustments : Sinusitis – C7 + C5 + nose.

Insomnia – C7 + behind left ear.

Headache – C7 + affected areas.

Stomach pain – C3 + stomach area.