Not seeing the good side of it, then support it and believe in it!

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My sister learned Longevitology in Tainan Linsum Road, felt this not only save self, also save and help people. My sister has a loving heart all along, with such a good opportunity, not only herself went to attend the courses, she also informed all her neighbours, including me live in Taipei. From the beginning, I was listening, but missed two opportunities to learn, after that, could not stand my sister's pushing any more, then went to attend the class with my daughter.

My health condition was good, but since living in Taipei for such a long time, it may be because the weather is so humid, unclean air quality, so leading to sensitivity and some other minor ailments. Especially due to work, easily get nervous; also have to supervise children's homework, this lead to my digestive system and some minor ailments continuously bothering me.

Since I had the chakras opened, I was able to treat myself with adjustments, like allergy conditions, especially runny nose; some other long-term problems also got improvement slowly with self-adjustments.

My husband from young age until now, has accumulated many illnesses, apart from long-term headaches, stomach ulcer, nervousness (not able to sleep), now slowly I am helping him with the adjustments. Although his ailments are rather chronic and some of them could not be help with medicine, but I still slowly accumulating my energy, I believe one day, he would realise I have helped him. Why would I say this? Because, I had two experiences that make me gave up applying adjustments for him. The first time was when his headache was so severe, at that time I was still attending the course, but the teacher said after the chakras opened, we would have energy to help people, so I extended my hands and helped him with the adjustments, after about 5 minutes, he pushed my hands away, and said he did not feel any effect. The second time his stomach was uncomfortable, I tried to help him, again he flew a temper, told me not to apply adjustments anymore, no effects. That made me felt very sad for a long time, and lost my confidence, but I still believe its' usefulness; because of my allergy symptoms improved, so everyday I continue to doing exercises.

In mid September, one night, 3 o'clock in the morning, he still could not sleep;