

felt like the head splitting, very uncomfortable, and then I sat quietly and meditate, and applied adjustments to C7 and back of the head, gradually the headache got better. It really is unbelievable, experiencing myself this kind of unexplainable feelings. Longevity not only can help self, also help people, this kind of eventful happenings amazing. Very thankful to the “Longevity” so good to have, and very grateful!

Symptoms and adjustments : Stomach pain + inflammation – C3 + stomach.

Sinusitis – C7 + C5 + nose.

Headache – C7 + affected area (whole head).

Note: When applying adjustments to people, yourself also would feel uncomfortable; it is the universal energy bring out your own ailments, do not worry and continue with the adjustments.