

An amazing encounters of Longevityology.

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A few years ago, heard about Longevityology, and it just passed by. This year, from my good friend Mei Fong strongly recommended and encouraged me to join Longevityology.

I myself get nervous easily; often have pain in the stomach with inflammation, my right arm been painful with no energy. Eye problems for the last 30 years, doctor said it is “Keratoconjunctivitis sicca” – dry eyes, required long-term use of eye drops.

On 9th August 2008, first day of primary course, had chakras 7 and 6 opened by the teacher, did not have any reaction. The next day had chakras 5 and 4 opened, felt the whole body getting warm gradually. The third day had chakras 3 and 2 opened, when the teacher placed the hand on C3, suddenly the stomach felt as though turned over, then a kind of energy came up to the oesophagus, after that, the stomach felt more comfortable. Had all the chakras re-enforced during the intermediate course, did not feel any discomfort. The amazing thing is, since the chakras opened, I have been sleeping well every night, right through until morning. My first practice guinea pig is my precious son, who has allergies, often sneezes and runny nose. That night I applied adjustments for him on C7 and his nose, the following day morning, when he got up, his sneezing and runny nose was less frequent.

One day, a good friend of mine felt unwell in her stomach, I applied adjustments for her on C7 and stomach area. When I first starting, felt my hands quite hot, after a little while, my hands gradually getting cooler, she felt more comfortable. But it was my turn the stomach felt uncomfortable, that night, my stomach was very painful, my husband applied adjustments for me, did not know for how long for I fell asleep. Woke up next morning, the pain has gone. One lady, complained of headaches and not sleeping well, I applied adjustments for her to C7 and 6, and the back of the head, neck area, suddenly I felt some kind of energy rushed to top of my head and my body moved, after a while, this lady's headache has improved. However, the following morning, my headache was so severe that it