

Everyday minor complaints, sitting quietly – apply adjustments with improvement.

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Sometimes I have numbness feeling on the left side of the face, had ultrasound investigation, found the blood vessel slightly blocked, due to high viscosity of the blood, afraid of it would lead to stroke, so I enrolled for the primary and intermediate courses. After the chakras opened, apply adjustments to myself, when sitting quietly, very often the mind wanders, and having correcting my thoughts and realised I understood myself better, it is a good way getting rid off the old problems and welcome new ideas, it is like having a new life.

My daughter sometimes complaints of feeling faint, with adjustments applied to C7 and C6, every time for about 20 minutes, after 3 sessions of adjustments, it had improved a lot.

One morning, my husband woke up with a stiff neck, I applied adjustments to C7, back of the neck and shoulder, one session of adjustment a day, each time for 20 minutes, it is wonderful, and he felt so much better. Another time, he complained of noise in the ear, after adjustments to C7 C5 and the ear affected, the noise disappeared, it is just wonderful!

Symptoms and adjustments : Fainting – C7 + C6 + whole head.

Stiff neck – C7 + back of neck, shoulder.

Noise in the ear – C7 + C5 + ear affected.