

**Our fortune is so great.**

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Because of the nature of work not able to take meals at regular intervals, as a result leading to discomfort and pain in the stomach frequently. Attended the courses and had chakras opened, the condition has improved a lot. Once I went with my elder son who at primary 6 to attend the course together. After he had the chakras opened, it is noticeable that his nasal allergy has improved as well. Usually before he goes to bed, or get up in the morning, needs to use half box of tissue, I am very happy to see his condition so much better. In the past, due to his nasal allergy, not only he feels pity himself, not able to get to sleep until one or 2 o'clock in the morning, and I myself could not get to sleep. The following day he would not be able to concentrate in the class, his eyes looked like pandas', and losing a great deal of his memory, now all these symptoms disappeared without trace, really make one feel like dancing like a bird!

Soon after the courses, either in the treatment centre or applying adjustments to family members, and discovered that it is much better than applying adjustments to self, therefore, having learned Longevityology, it is a great fortune to us, apart from being able to help people, also benefiting own body. For this course, five members of the family joined with three friends, during discussion we all found that the problems we were having all improved. We also feel that as from now on we should be learning teacher Lin and teacher Wei's selflessness and benevolent heart, to receive universal energy, to purify heart and soul.

My younger son also suffers from nasal allergy, now he and his elder brother got a lot of improvement, sometimes they injured themselves from falls or while playing, I immediately apply adjustments using c7 and affected areas, and see immediate results. It is unbelievable, I never thought of I could save people and save self just with my hands. It is necessary to do exercises every day, but I do think "quiet down the heart/meditation" really allow self to receive universal energy, and then feel the reaction. In addition, every day at any time I am able to keep and feel the heart is happy, before very often I have unexplained problems, worries, they all disappeared. Especially helping to apply adjustments for people, feel my body strength a lot better, arms and legs blood circulation flowing