

Unforgettable beautiful smile.

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My health condition is good, but a few months ago, I pulled the muscles of the right arm and got inflamed, this led to the reappearance of the old injuries I sustained so many years ago in a car accident. Exactly the same area of skull bone and muscle pains, and both knees became weak following the same accident. The first day of the chakras opened in primary course, felt the breathing become deeper and smoother, when reading the mantra have no difficulty, my breathing rhythm is more regular and smooth. In addition, the fact that I have the habit of meditation, so while doing exercises, the body feels numb, feeling not the same, after practicing, the whole body feels more comfortable.

After the primary and intermediate courses, have been applying adjustments to a middle age woman who had a stroke of right side of the body, from C7, C4, neck area, right shoulder, right hand, right palm and right leg, all the way down, for over one hour. Her contracted fingers were unable to stretch; now one by one is able to loosen up, not a clenched fist any more. The first experience applying adjustments, I was very surprised. You could see from this couple's faces showing the light of hope, beautiful smiling, eyes becoming brighter. Deep in the heart feel the greatness of the universe, and the benevolent of Longevityology, very grateful to Longevityology teachers' selflessness teaching, at the same time, truly grateful to my good friend who invited me to Longevityology.

Benevolent meaning is to get rid of all sufferings, and giving happiness to all. From practice and helping people with adjustments, able to understand more of it's spirit. Also totally agreed with teacher Wei's believe: it is only forgiveness and letting go, remorseful and giving joyously, and then would be able to even life's difficulties, and so would have a chance of changing one's fate. In this environment, even living in these modern days, it is just like living in a happy world.

Symptoms and adjustments : Stroke – C7 + C4 + affected areas.

Pulled muscles – C7 + affected area.