

**Body weight dropping continuously,
eventually stopped.**

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From the time I realised I have diabetes until now, at least five years. The first three years, I have been taking traditional Chinese medicine and diet control, just able to lower the blood sugar level, which was 300 when I first discovered, down to 200 more or less. Occasionally have to take conventional medicine to regulate blood sugar when the condition not showing any improvement. The last couple of years have been taking conventional medicine accordingly; eventually the blood sugar level is between 170-200. But having high blood sugar for such a long time, it generate side effects, this year summer time especially serious, dehydration, body weight reduced (not stopping), with muscle wasting (get cramps during the night). Before I had the chakras opened, continuously had adjustments in Taipei treatment centre for over 10 times, apart from sleeping pattern improved, the others were the body weight has ceased to drop, there was no turn around situation, I think this would have something to do with the pressure at work.

Chakras opening brought me the most excitement, it is the feeling of the hands able to take out (something), from the primary and intermediate courses and learned these (something), is able to help people and improve self. At the same time, I apply adjustments for mother who coughs a lot, I could not measure how much it is benefiting her, but her old peoples' cough has improved, and she is getting used to the adjustments I apply for her every night, and being her son, finally I feel I am able to repay something to mother, and feel so good about it.

Symptoms and adjustments : Diabetes – C7 + C3 + C2 + spleen, pancreas.
Cough – C7 + C5 + lungs.