

After a few days' adjustments, she had no more headaches, problem of insomnia also improved, in my heart there is a sense of satisfaction, for I am able to help other people. The past few days, everyday been to the volunteer centre for healing myself, from the start the left arm was very painful (this is a good sign), I am grateful to Longevity given me the opportunity to live again, grateful to all the volunteers for their compassion, patience and caring, I would work hard and learn, hope every one is well and healthy.

Symptoms and adjustments : Dog bites – C7 + affected area.
Insomnia – C7 + behind left ear (with emphasis on back of the head)
Headaches – C7 + whole head.