The best gift given from heaven.

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Because of my incorrect posture,, my spinal cord is slightly bended. Eyesight not so good, ocular pressure a bit high. When I was having chakras 7 and 6 opened, felt a bit faint, when having chakras 5 and 4, did not have much feeling, then when chakras 3 and 2 opened, felt prickly and numbness sensation. After chakras opened and doing exercises, the body seems following the energy, when walking, my body posture is straight, the whole body much more comfortable.

Before sleep ever night, also doing exercises, because my mother and sister also learned Longevitology, so we would apply adjustments to each other. Occasionally, my father has headaches, apply adjustments for him, he would say he feels head is full and expanding; my hands also feel numb, after half an hour, no headaches any more. Longevitology is convenient and good to learn, supposed everyone learn and know Longevitology, and then the doctors would not be needed in this world! Very glad to have this opportunity to learn Longevitology, I would valued it dearly, not need to do anything, only to extend both hands and able to save people, help people to reduce ills and pains, it is the best gift given to us from heaven.

Symptoms and adjustments : Migraines – C7 + affected area.