From distrust, doubtful and to praise the wonders.

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Having seen my health checks results, many numbers appeared in red, and then realized the importance of health. Moreover, observed the health of the person I live most also in red light, it is probably my luck repaying or God is pitying me! Let me have the opportunity to learn Longevitology, to commence the journey of self-help and help others.

My total cholesterol level was 219/dl, way above normal range, red blood cells slightly below normal, liver, lungs and kidneys probably not very healthy. After having had the chakras opened, one day got up from bed, all of a sudden felt aches and pains in the back, applied adjustments to myself, continued with adjustments for the next few days, could feel a kind of warm heat circulating in the back, reduced the aches and pains greatly.

Whenever I sit quietly to meditate, I could feel appear in front of my eyes the events been happened during the day, it is like playing a video tape, one scene after another. Perhaps to reach to the state of thoughtless mind, a still and clear heart, I would have a long long way to go!

Being in food and drink business, very often people sustained injuries with knife, I would apply adjustments for them, about 3-5 minutes, and it would stop bleeding. From the beginning, they look distrusted and doubtful, in the end they praised how wonderful! Once, a colleague experienced a severe headache on one side, immediately I placed one hand on C7, the other hand on the affected area, after 20 minutes, the headache has reduced a lot, I told him must go and see the doctor after work, because I only helped him by applying adjustments, it is not a treatment. I am sincerely grateful to Longevitology giving me the chance to help people.

I feel learning "Longevitology", there are a few required conditions that one should process: first is confidence, second is determination, the third is will power, otherwise would not work with one less. Also a loving heart of caring for people, to allow the wonders of "Longevitology" to prosper and for expansion, and not to disappoint the two sacred hearts of teacher Lin and teacher Wei.