

quietly and close my eyes, place my hands on the chakras and the affected area. Whether it is effective or not, I would not know, just carry on as though I am meditating. As a result, happy events happening, Poon Yuk Wah's son's sinusitis has decreased a lot, and suggested to his mother that, he hopes I can give him treatment everyday. Sometimes if I was a bit late going to the centre, he would wait for me, anxiously asked his mother, would uncle come or not? The feeling of being waited for, as for me it is a huge encouragement for a intermediate learner, the most wonderful thing is this boy would be going to the State Secondary School, within these two weeks, he has grown 8 cm. Therefore, Longevity is wonderful, in such a short period; I have witnessed this unbelievable power. There is an old saying: millions of wealth is not as good as one skill you possess. Although we do not use this power to make a living, but it can make you have a healthy body, heart, it favours self, favours him, helping people, so valuable it is!

Symptoms and adjustments : Aches and pains – C7 + affected areas.

Sinusitis – C7 + C5 + nose.

Growth – C7 + C2 + all joints.