

and is able to sleep well that night. However, every time, season changes, the allergy persists.

The goodness of Longevity, being able to self help and help people, it teaches people to maintain the benevolent thought, love and giving but not expecting anything in return.

Symptoms and adjustments ; Spinal paralysis : C7 + neck, shoulder, arms and hands.

Shoulder pain : C7 + shoulder + C5.

Allergies : C7 + C5.