

**Sciatic pain disappeared.**

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Heard a lot about Longevityology from friends, it makes me curious, it happened by chance I have learned Longevityology. Due to the nature of work and bad posture, injured the sciatic nerve, sometimes it get very painful. When I had the chakras opened that minute, there was a wonderful feeling, like some hot air rushing in the body, seems like all the blood vessels been unblocked, from then on, my sciatica has disappeared.

Mother has been suffering from insomnia, not sure, whether it is due to old age. The teacher said: when people had the chakras opened, is able to apply healing. Being a novice in Longevityology, still holding half believe and half-doubtful attitude; apply adjustments all over the body for mother. After a few treatments, mother said to me: she is getting easier to get to sleep at night; it is so good to hear for the beginner, also increase my confidence. Then I apply adjustments to myself, usually I tend to think a lot, but as I quiet down and relax, my mind would be able to get peaceful, Longevityology is unbelievable.

It happened once, a member of the family had headache, applied adjustments for a little while, and his headache disappeared. Longevityology is wonderful! Very grateful to the teachers and the learners loving heart and patience, enabling everyone to receive the transparency of energy to a healthy living. Thank you! Wishing Longevityology would have learners all over the world.

Symptoms and adjustments : Sciatic pain : C7 + C3.

Insomnia: C7 + behind left ear.