

Wow ! Longevitology is really wonderful.

Learner : Ms. Law

Address : Taipei County, Yungwo City.

Tel: +886-916526889



Because of the nature of work, always sitting for hours without moving. Due to the sitting posture not correct, leading to disc in the spinal column shifted, in addition to the right hand always on the computer and calculator, for such long hours making the right hand wrist joint painful and uncomfortable. Therefore, always visit the Chinese medical massage and apply topical medicine. During the first lesson of Longevitology, teacher Lin said after chakras opening would be able to do self-healing. At that time, I felt sceptical; teacher said you put your hand where you feel uncomfortable, also the position of the chakra. It happened at that time, my waist area not comfortable, after hearing what teacher said, placed one hand between the C2, C3 areas, the other on C7. One of the volunteer saw my hand was on C2, C3 chakras, acknowledged my waist was not comfortable, and applied adjustment for me voluntarily. The next day at work, I noticed, yee? Strange! The feeling of discomfort in my waist has disappeared, so grateful to the volunteer who helped me, so effective!

After the first lesson, went back to work, half way, felt the right hand wrist joint painful and uncomfortable, then I remember the teacher said, can do self-healing, no harm to try, so placed my left hand over the right wrist joint, closed my eyes and meditate. 15 minutes later, noticed that the right hand wrist has no pain, feeling of discomfort also disappeared.

Wow ! Longevitology wonderful!

Symptoms and adjustments : Wrist joint pain – C7 + affected area.

Waist pain – C7 + C2 + C3 + affected area.