

Every person is able to have a pair of healing hands.

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Very grateful that heaven given me the opportunity to learn Longevityology, and let me have the chance to learn to give.

My general health have been weak, always feel cold, after learning Longevityology, every day I practice meditation (doing exercises). Very often I could feel a sense of hot energy rushing through, could feel the hands expanding, and soon the whole body feel hot. For me it is a great blessing because I feel the cold so much! Now, whenever I feel cold, I just meditate and the warmth would return.

After Longevityology lessons, which gave me confidence to help the people suffering from sickness. Before the Longevityology learning, did not know what to do when come across people are ill and in pain, could only stand quietly by the side and feeling helpless. Have been fortunate enough to be able to learn Longevityology, it would enable me if similar situation arises, only have to extend my hands, this would help to reduce ill/pain. Soon after learning Longevityology, met a teacher of mine who has severe spinal inflammation, he always has pain in his whole body, especially his head and spinal area. I picked up my courage, applied adjustments to C7, C6, back of the head and both sides of the head. During adjustments, my hands feel hot, after an hour or so, the teacher felt his pain disappeared. That made my confidence increased a lot, it also motivate my wish to promote the goodness of Longevityology, let more people owning a pair of healing hands, to heal self and to heal people.

Symptoms and adjustments : Severe spondylitis – all chakras + spine, back of the head.

Feeling cold – C7 + C4.