follow up. Each time for blood test, check white blood cells, red blood cells, haemoglobin etc growing condition, gauging the result for calculation of the strength/dosage of chemotherapy. On 20th June 1997, had another scanning, the 5 cm tumour reduced to 3 cm, also had ultrasound examination twice, unable to local the tumour, but Dr. Chan could not confirm, only said it was a lot smaller, good doctors do not say much. He always says, it will be good if you just hand over the pain to me, "it's that simple" that is his saying. I also been to other hospital to see Dr. Chow for more examination, he also did not find the tumour, I thought all been completely healed.

The second half of 1998, had some misunderstanding with a relative, made me feel very upset and paining my heart, all day feel sad. Did not expect in December had an examination, and discovered a new tumour, near the ovary, about 2 cm, it felt like the sky was coming down on me. So on 30th December, hospitalised again for chemotherapy, each month have 5 injections, needs to continued for 3 months with a total of 15 injections, it finished in March 1999, this time the medication was different, drug named FLUDARA (50 mg) needs self funding.

In March 1999, Dr. Chan told me, now in America have discovered a new drug especially for lymphatic cancer, very effective, but needs self-funding, approximately 29 hundred thousand dollars, asked me whether I want to have this drug, I immediately asked him to apply for me. This drug needs to have approval from the Hygiene and Environmental Department for it to be used in this country, this drug

Named (CD20), no specific side effects and no hair loss. From 13th May to 5th June, four weeks, each week one injection. Dr. Chan was too careful and for safety sake, before the first injection, he added an anti cancer drug which I had before, two weeks later, the hair start falling. I said what I should not have said, and blaming myself, emotionally feeling bad, did not have adjustments applied for more than 10 days, you see how important "Longevitology" is!

This year on the 1st July, Dr. Chan told me the results of the investigations, everything was normal; including white blood cells, red blood cells, haemoglobin, platelets etc, even the cancer cells range 2000, and normal range is below 2400. From now on, no need of any medicine/therapy. Every month come for check-up once, its term is "remission". "Cancer" to me "What is there to scare of"?

Pull here and pull there and wrote such a lengthy page as long as a running clothe, it probably make your head feels like full of dew water when reading it, do not know what it is all about, just have a laugh at it. With this opportunity, I like to mention my personal heart feelings of fighting against cancer:

Firstly, your own confidence need to be firm, accept things as it comes, no