

Longevity – it gives me a safe feeling.

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“Longevity” this word unknown to me in the beginning. Then through the good wills of friends and learners of Longevity, while my ill health was going through changes and feeling helpless, “Longevity” accompanied me to sail through those hopelessness and grey days, and rekindle new hope for me.

While my life was beautifully at its highest peak and very active, I never thought I would be hit seriously – “CANCER”, just could not accept the fact! From morning until night fall, from nighttime till wake up, my brain is full of this message – My life is finished! I got “cancer”, every time I convince myself; friends and relatives come to visit, made me more frightened, as though I would leave this world soon. By chance, a good friend of mine introduced me to Longevity, so I picked up the courage to make the call, went with my husband for Longevity treatment. In the beginning, not a lot of uncertainty, only for treatment, having seen the friendliness of the volunteers, not only myself have serious illness in this environment, there were lots other illnesses and conditions, and able to receive treatments free!

Month passed again and again, while I was having chemotherapy, Longevity give me the strength and immunity, I even joined the primary and intermediate courses, so I can meditate and treat my painful area in emergency, though I am not doing a lot of work,, but I really feel safe anytime.

Lastly, I am grateful to Longevity, given a chance, also grateful to Mr. and Mrs. Choy and all other volunteers, all your warm hands given me my health back. I believe in the near future, let me complete the chemotherapy, and I hope to fulfil my wish to help a lot more people. During these days, you all made me not frightened of “cancer”, but made myself grateful to my own body, and live meaningfully, really grateful!