

## **Longevity – A kind of energy of love.**

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Heard about the Longevity two years ago, and understood more about the wonders of it after attending the courses. The followings are the insights gained and practices performed on my friends and relatives after the primary and intermediate classes:

Case no.1: Recently a colleague of mine has been coughing, with nasal congestion. One day I asked her if she would let me help her with adjustments, so I placed one hand on C7 one hand on her neck (throat area) for 20 minutes, than all area of the head, for about 40 minutes, she said she had some feelings, she tried to cough, but could not cough.. Eventually she did cough and the feeling of giddiness also improved a lot, she also decided to learn the primary course.

Case no.2: I was attending the primary course with some colleagues of mine, in July one of the colleague has been feeling unwell in the chest. She went to the hospital had various tests and investigations including blood test, ultrasound biopsy, scanning, and finally from the biopsy, it confirmed that she has late stage thyroid tumour, it has spread to the lungs, and it was inoperable. In early August, she commenced chemotherapy at Taiwan Hospital. After learning Longevity, I was hoping I could help her with adjustments, hoping to alleviate her pain and illness. While she was receiving chemotherapy, very grateful to teacher Choy at Taipei volunteer centre with Mr.Lin (volunteer) who has been so kind and very helpful to apply adjustments to my friend while she was in the hospital. Everyday he would come to the hospital and help my friend; it is a good opportunity for me to help, to learn and to practice. My friend has been told it is a late stage cancer by the doctor, and has only a few months to live. However, after the first course of chemotherapy, all test results shown the tumour has shrunk a lot, and the white spot in the lung also disappeared, no signs of new cancer cells growing, there was plan for her to have radiotherapy at the same time with chemotherapy, the doctor decided radiotherapy not required at that stage. Although no definite explanation why the patient's condition improved in such great speed, because apart from chemotherapy,