

First aid for knife wound, immediate effect.

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I was young and healthy, grown up in the village, good health all along, even healthier when I joined the military service – “A” class body. Gradually started to put on weight from middle age, then came the warning from the medical doctor and started to pay attention to my health, been exercising a lot and my weight is back to normal.

Spring this year, a good friend came back from Europe, especially introduced me and arranged to meet teacher Lin and teacher Wei, also read the “Longevity” newsletter, came to know more about the purpose and power of “Longevity”, and decided to join and learn.

On the 9th, 10th and 11th of August this year I joined the primary class, and on 14th, 15th and 16th of August joined the intermediate class respectively. In the beginning, I was a bit sceptical about the power of “Longevity”, amazingly it came into effect the first day. Went home, used the new knife bought for cutting fruits to peel an apple, not paying much attention to what I was doing, accidentally cut the middle finger of the left hand. It was bleeding, immediately I placed my right hand on C7, and placed the index finger on top of the middle finger of the left hand, kept pressing on the wound for 15 minutes, then released the index finger, and the bleeding stopped. For safety measure, I applied iodine on the wound and bandaged the finger. The next day, the wounded finger has been wet several times,