

or after surgery, everyone felt miraculous after the adjustment! Very often they asked my wife to help them and their friends for further adjustment. Many friends around us also took the Longevity class after their health conditions were improved through the adjustment sessions.

With teacher Tsai Li-Hsian's dedication and leadership, an adjustment center was established in Vancouver as well. Many volunteers devote themselves everyday to helping people in the adjustment center, and numerous people who were suffering from serious sickness have significant improvements after the adjustment. Cases like this are various.

One of the volunteers, sister Ai-Lan who is in her seventy, still travels around to heal people through Longevity. One day when we met, she told me happily that "Dr. Ruan, tell you something, I just had my health examination a couple of days ago, and to my surprise, I grew up 3 inches!" This is because her spine was straightened. She continued "also the hemorrhoids that I had for decades were also gone! It's so amazing isn't it! The other day when I told my sister about it, she didn't believe it at all, and I had to take off my pants and showed her to prove it. My sister was amazed as well! My hemorrhoids were really gone!"

Through the Longevity adjustment, many miracles have happened. All you need to do is to meditate and reach out your hands. Don't doubt about it!

Couple of years ago, teacher Wei and teacher Lin began the Longevity classes in Vancouver per local students' request. During their stay in Vancouver, we were honored to host both teachers in our house. Every minute we spent with the teachers makes us more respect their compassion. With such noble ambition, the teachers are so humble and amiable. They are so easy to get along with, just like our own family. Every time when they have to leave Vancouver, I feel so sad as I am leaving my own family.

I remember one time when I took both teachers to see anadromous salmon return to fresh water to spawn (the adult salmon returns to its natal stream from the open ocean to spawn at that period of time. For those salmon, it was a tough journey. Each one of them was exhausted and yet tried its best to swim forward! Many were exhausted, wounded and dying on the river side.) Several tourist groups were there to see this unusual spectacle. However, the teachers reached out their hands toward the dying salmon to heal them. I was in a distance from the teachers and taking photos with the tourists. I saw the teachers stood still in the crowds and healed the dying fish completely ignoring the look and judgments from