

- \* Learned and feel the effectiveness of Longevity. 254
- \* For pre-matured baby's weak and frail body, it helps. 255
- \* Surprising and exhilarating experience. 257
- \* Because of Longevity, the whole family's health improved. 259

### **【Animal / Vegetable】**

- \* The dying bird was able to fly again. 261
- \* The cat recovered from her illness quickly. 262
- \* Mulberry. 264

### **【Learning】**

- \* A very warm feeling, feels so comfortable. 265
- \* Pain disappeared after 3 days adjustments, able to bend the wrist. 267
- \* Knowing – learning Longevity – really good. 269
- \* Unusual keep well and healthy kung fu. 271

### **【Reflection】**

- \* Longevity – twisted the Gian Kun around. 273
- \* Red Spot Lupus for 20 years, achieved great improvements that never happened in the past. 275
- \* Walked in with the aid of walking stick, after adjustments the walking stick not required. 277