

A 59 years old resident who suffered from stroke for about 6 years ago had been depending on a walker. After adjustment for about 6 months he told me that he had great leg muscles improvement and he don't depend much on his walker now.

A 13 years old girl also suffered from stroke and was cold on her right body when she first approached us. She can now walk properly without the help of others.

### **Emergency first aid**

I am more than happy to have helped a lady who had fainted to regain her consciousness by applying emergency first aid adjustment as taught by our teachers.

### **Conclusion**

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I feel that I am leading a more meaningful life by contributing to others with just both my wonderful hands.

With the positive comments and feedbacks from patients, I feel my confidence greatly reinforced. In Ti-Ratana adjustment center the volunteers would meet for discussion, sharing and mutual encouragement after every session. We become an extended family.

I would like to thanks all fellow volunteers, leaders and especially our respected teachers for cultivating their compassion to extend this wonderful free healing method to everyone.

