

## Pursuit of Health and Happiness

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HEALING REACTION, FOOT CRAMP, GASTRIC, INJURED VERTEBRAE, DEPRESSION, ABDOMINAL PAIN, EPILEPSY, ARTHRITIS, BODY PAINS AND ACHES, HUNCH BACK, RENDERED EMERGENCY FIRST AID, MOYA-MOYA, THALASSANEMIA, CANCER AND TUMOR, POST OPERATION PATIENTS, INJURIES FROM ACCIDENTS AND ALL SORTS OF AILMENTS

I came to know of Longevitology for quite some time from a senior colleague, but I was not interested. However, on the next intake, I changed my mind. I had not only registered myself but also bring my whole family to the July 2006 primary and intermediate Longevitology classes. Longevitology meditation and adjustment turned out to be very simple to learn and practice. When the adjustment center was set up at Ti-Ratana, I was happy to become a member of the volunteer workers.

The adjustment center at Ti-Ratana give us valuable exposures and experiences besides being able to help other less fortunate people. I had so much joy to share but is difficult to express my feelings and satisfaction. I hope everyone can experience the joy